

SMITH'S WOOD PARISH COUNCIL - MINUTES OF A COMMUNITY GYM COMMITTEE MEETING HELD ON MONDAY 4TH SEPTEMBER 2023 AT 4.30 PM.

Those present:

Chairman: Cllr G Craig.

Councillors: Cllr M Caddick, Cllr D Cornock, Cllr H Hendry, Cllr K S Paul.

Officer: Mrs K Woods

1. Apologies.

There were no apologies received.

2. Minutes of Previous Meeting.

It was **RECOMMENDED:** That the Minutes of the previous Community Gym Committee meeting held on Monday 3rd July 2023 be approved as a true and correct record.

3. Matters Arising.

a.) Minute number 4.) Submitted Ideas.

Members were informed that Cllr Cornock and the Clerk met with Sadie Walker and Kim Dunger from Solihull Active and stated that the main purpose of the meeting was to look for ways to save money, with the possibility of losing some Doc Spot hours at the community gym. Members stated that they want a letter to be sent to all local doctors and encourage them to make use of the Doc Spot programme.

4. Head Steward's Report.

Members were provided with sales figures for weeks commencing: 03/07/2023, 10/07/2023, 17/07/2023, 24/07/2023, 31/07/202, 07/08/2023 and 14/08/2023 daily and hourly. They were also presented with product figures for week commencing 10/07/2023 daily and hourly and asked if they wish to see more of these figures.

It was **RECOMMENDED:** That figures for both sales and products, daily and hourly be presented to the meetings and they need to be monitored further to get an accurate account of quiet periods.

5. Submitted Ideas to Promote the Gym.

Members stated that the gym is not advertised enough and steps need to be taken to try to promote quieter hours.

Members were informed that the changing rooms could be re-purposed into a meeting room, as they are under used except by the school, who are willing to stop using them.

It was **RECOMMENDED:** That the Clerk set up a Community Gym Facebook Page attached to the Parish Council's Facebook Profile; that a notice advertising the gym be placed in the notice board outside the school; look for groups that may wish to join the gym, ie elderly groups, weight watchers, etc; that Solihull MBC and the school to be contacted regarding a meeting and the issue of signage for the gym be re-raised.

With regards to the changing rooms, permission from Solihull MBC would need to be sought, an architect would need to be hired to see if this was a feasible project. The Clerk

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is to find out what the Health and Safety Regulations are regarding the number of showers that a gym must provide for members.

6. Agenda Items for Next Meeting.

It was **RECOMMENDED:** That the Agenda Items for the next meeting remain the same.

WITH NO FURTHER BUSINESS TO BE TRANSACTED THE MEETING CLOSED AT 5.00PM.

Chairman's Signature:.....